

For the United World Health Food Conference to declare Spirulina as the "Greatest Super Food on Earth" is not surprising especially considering that 1 kilogram of Spirulina contains as much nutrition as 1000 kilograms of assorted vegetables.

Since that declaration made in 1974, scientists have found extensive uses of Spirulina.

Today Spirulina is part of diet of the US Olympic team; is used for treating obesity in Germany; given to nursing mothers in Vietnam for increasing lactation; besides having many other uses the world over as a therapeutic agent in medicine and as a health food.

To meet the needs of a changing world, Spirulina might well become the most important discovery in modern times.

Nutramax Spirulina is blue green filamentous microalgae with amazing ability to synthesise high quality blend of nutrients that no other single plant source can match. Spirulina natural in its formation, is highly digestible owing to its unicellular form.

Research conducted on Spirulina by the World Health Organisation and Scientists in United States of America, France, Germany, Mexico, Vietnam and Japan, confirmed that it has a blend of nutrients that no other single plant source can provide.

Worldwide, Athletes, Sportsmen and Trekkers use Spirulina which provides instant energy synthesis and all the nutrition of a balanced meal without adding calories, carbohydrates and fats to the body.

NUTRAMAX SPIRULINA AND GOOD HEALTH :

In today's fast paced world, it is almost impossible to regularly have all different foods that your body needs in a day. More often than not, many essential nutrients get missed out.

Health is maintained by balanced nutrition and not by medicine. Spirulina is the richest source of protein, with the added advantage of having Zero cholesterol. It has all the 18 essential amino acids that human body needs. Spirulina is the richest and the only vegetarian source of Vitamin B-12, the richest source of Beta-carotene (Pro. Vit A) and natural Iron. It contains the complete complement of minerals required by your body. All of which explains how Spirulina restores nutritional balance in your diet and supports you from within. Thus keeping diseases at bay.

NUTRAMAX SPIRULINA AND STRESS COMBAT, PROTECTION AGAINST ATMOSPHERIC POLLUTION

Today's life-style has sadly compromised our bodies delicate internal balance. Stress means one is overworked, has a bad temper, sustain injury, becomes infected by bacteria or virus, suffers from lack of sleep or exercise, or a reaction to drugs or toxicant, etc. Stress may exhaust large amount of body nutrition and cause us to get sick from under nourishment. Usually diseases has three stages, 'Warning', 'Resistance', 'Exhaustion'. Adequate nutrition should be supplied during the warning stage. Spirulina rich in natural Vitamin B-12 helps in overcoming stress, while a whole array of B Complex Vitamins, including Vitamin B6 and essential amino acids calm and soothe your frayed nerves. Spirulina contains 10 times more Potassium than common vegetable, & greatly helps in easing hypertension. Lead and other toxic heavy metals present in the Atmospheric Pollution, along with free radicals generated in our body are responsible for many degenerative & fatal ailments like premature ageing, cancer, cataract formation, arthritis, etc.

Spirulina rich in Beta-Carotene, Vitamin E, Zinc, Selenium and the rare and essential Gamma Linolenic Acid (GLA) along with Chlorophyll

(green) and Phycocyanin (blue) helps in neutralizing the free radicals and cleansing away the heavy metals, and thus keeps degenerative diseases away so that you look and feel healthier and younger.

NUTRAMAX SPIRULINA AND YOUR HEART :

Heart diseases has become the single largest killer in our society today. The majority of the heart ailments are caused by fat deposits in the blood vessels which thickens the walls and disrupts the blood supply. Spirulina which is the richest vegetable source of GLA, dissolves the fat deposits and helps prevent these heart problems. Moreover it actively helps in reducing bad cholesterol.

NUTRAMAX SPIRULINA AND PREGNANCY :

It is important during pregnancy to have wholesome diet, where the nutrients are easily absorbed by the body system. Spirulina rich in protein contents (65%) has a perfect balanced amino acid profile which ensures the proper utilization and assimilation of the food we eat. Its natural Iron and Folic acid greatly improve haemoglobin levels in the blood. Also Spirulina's unique Biliproteins and Carotenoids strengthen the body's immune system against possible infections, thus helping both the mother and baby to remain healthy and strong.

NUTRAMAX SPIRULINA FOR CONTROLLING WEIGHT :

Overweight persons generally turn to jogging and low calorie diets in an effort to slim down. These methods are ineffective as they do not guarantee lowering of cholesterol levels on a long-term basis. Taken even in small doses Spirulina provides all the nutrition of a balanced meal without the excessive calories and fats that go with it. 10 grams of spirulina introduce only 1.3 mg of cholesterol in the blood and 36 calories.

For obtaining an equivalent amount of protein from any other food we would get at least 300 mg cholesterol and 80 calories.

Spirulina also contains Poly-unsaturated fatty acids that helps reduce cholesterol levels in the body on a long-term basis. A tablet of Spirulina taken half an hour before meals makes one eat less and yet provides as much nutrition as half a kilogram of vegetables.

NUTRAMAX SPIRULINA FOR CONTROLLING BLOOD SUGAR :

Diabetes is a common ailment among middle aged persons. It can be caused due to genetic inheritance or due to stress factors and wrong food habits over a long period.

Today, treatment of insulin - independent diabetes involves very strict diet restriction, near total elimination of naked sugar (sucrose) from food, reduction of carbohydrates and high calorie foods along with prescribed medicines.

A diabetes patient has an especially low Mg content in his blood, because diabetes is caused by both vitamin B6 and Mg deficiencies.

The basic approach in treating diabetes is to enhance the body's nutrition so as to halt the deterioration of the pancreas and further restore its normal functioning capability.

Spirulina contains 1.33% Chlorophyll (Mg), ten times more than the percentage contained in common vegetables, and other such high vegetable proteins like Vit B1, Vit B2, Vit B6, Panthothenic acid, Zn etc that may enhance the production of natural insulin.

The excellent balance of proteins, vitamins, pigments and minerals in Spirulina has a cumulative effect in the control of sugar levels in the complex body system. Natural in its composition, Spirulina has no side effects.

OTHER BENEFITS OF NUTRAMAX SPIRULINA

- ✓ The richest source of Iron and Vit B12, prevents nutritional anemia, fatigue, giddiness.
- ✓ The richest source of Beta-Carotene (Pro-Vit. A) for good eye sight, to prevent night blindness and for glowing skin.
- ✓ Richest source of Vit E, prevents reproductive failures, protects the liver from toxicity.
- ✓ Good for gastric ulcers because of its high contents of Protein and Cystein (a kind of amino acid)
- ✓ Richest source of Chlorophyll, which cleanses the blood, prevents and cures digestive organs disorders and acne (pimple)
- ✓ Improves memory and mental strength due to the presence of Niacin.
- ✓ Prolongs the cataract formation.

Suggested Usage :
2-3 tablets daily, to be swallowed whole with a glass of water

Available in cold pressed tablets & powder form.



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